

RICHARD A. LEVIN, M.D., D.M.D.
LAWRENCE J. FLIEGELMAN, M.D.*
AIMEE ALTSCHUL-LATZMAN, M.D.**

Diplomates of the American Board of Otolaryngology

*Diplomate of the American Board of Facial Plastic and Reconstructive Surgery

**Diplomate of the American Board of Allergy and Immunology

Otolaryngology
Head And Neck Surgery
Facial Plastic Surgery
Allergy, Asthma, Immunology

POST-OPERATIVE INSTRUCTIONS FOR PATIENTS WITH VENTILATION TUBES

1. May resume normal activity after the first post-operative visit with the Doctor (**NO** running, jumping, skipping, etc.) (**ONLY QUIET PLAY**)
2. Bright red bleeding may be noted from one or both ears. This will usually resolve on its own. Do not place cotton in the ears but gently clean the outer part of the ear. If bleeding persists, notify the Doctor.
3. Avoid getting water in the ears. If this happens wipe out gently with a cotton tip applicator. Earplugs should not be used for two weeks following surgery but cotton saturated with petroleum jelly may be used.
4. **NO SWIMMING**. Check with doctor at the first post-op visit.
5. Mucous and bloody drainage is not uncommon and may persist for several days after surgery.
6. Pain is usually mild and is readily controlled with Tylenol. **Avoid aspirin, Motrin and Advil.**
7. The tubes will eventually work themselves out and there is no time limit as to how long they will stay in (usually 6 to 12 months).
8. All patients with ventilation tubes will be seen periodically (within 10 days after surgery and every 3 to 4 months thereafter).
9. It is not unusual to have transient discomfort in the ears with belching, hiccupping or yawning.
10. Treat colds and upper respiratory infections in the usual manner,
11. Call the office if any problems occur.